

**BIOACTIVITIES AND CHEMOPROFILING COMPARISONS OF *CHENOPODIUM AMBROSIODES* L. AND *CHENOPODIUM BOTRYS* L. GROWING IN KASHMIR, INDIA**SHAMEEM A SHAMEEM<sup>1,2</sup>, KHALIQUZ Z KHAN<sup>1</sup>, AJAZ A WAZA<sup>3</sup>, ABDUL HASEEB SHAH<sup>4</sup>, HAFSA QADRI<sup>4</sup>, BASHIR A GANAI<sup>3\*</sup>

<sup>1</sup>Department of Chemistry, University of Kashmir, Srinagar, Jammu and Kashmir, India. <sup>2</sup>Department of Chemistry, Islamia College of Science and Commerce, Srinagar, Jammu and Kashmir, India. <sup>3</sup>Centre of Research for Development, University of Kashmir, Srinagar, Jammu and Kashmir, India. <sup>4</sup>Department of Bioresources, University of Kashmir, Srinagar, Jammu and Kashmir, India. Email: [bbcganai@gmail.com](mailto:bbcganai@gmail.com)

Received: 12 July 2018, Revised and Accepted: 05 September 2018

**ABSTRACT**

**Objectives:** The objectives of the study were the gas chromatography-mass spectrometry (GC-MS) identification and comparison of the chemical constituents, evaluation of the antifungal and anticancer activities of two species of genus *Chenopodium*, for example, *Chenopodium ambrosioides* (Ca) and *Chenopodium botrys* (Cb) growing in Kashmir, Himalayan region.

**Methods:** The hydrodistilled essential oil of Ca and Cb was subjected to GC-MS analysis and antifungal activity for minimum inhibitory concentration (MIC) determination against different human pathogenic fungal strains using broth microdilution assay in 96-well microtiter plates as per the protocol of the clinical and laboratory standards institute (2008 M27-A3). The anti-proliferative ability of the essential oils was also evaluated against the two cell lines MCF-7 (human mammary carcinoma cells) and A549 (Human lung adenocarcinoma epithelial cells).

**Results:** A total of 34 compounds identified in Ca with  $\alpha$ -terpinene (37.17%), isoscaridole (20.48%), and ascaridole (14.83%) as the key compounds. The key compounds of Cb were shyobunol (18.91%), and hedycaryol (9.51%), germacrene-D-4-ol (8.57%), with 65 identified compounds. Both the species were found to have comparable antifungal activities against human pathogenic fungi with MIC<sub>50</sub> values in the range of 0.031 mg/ml–0.256 mg/ml for Ca and 0.031 mg/ml–0.126 mg/ml in case of Cb. Maximum anti-proliferative activity was observed at 125  $\mu$ g/ml concentration in A549 cell line, while as the oils inhibited the growth of MCF-7 cell line at a lower concentration of 31.25  $\mu$ g/ml.

**Conclusion:** The essential oils of Ca and Cb were found to have potent anticancer and antifungal activities and can have potential use as a natural fungicide.

**Keywords:** Gas chromatography-mass spectrometry, *Chenopodium ambrosioides*, *Chenopodium botrys*, Ascaridole,  $\alpha$ -Terpenene, Shyobunol.

© 2019 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>) DOI: <http://dx.doi.org/10.22159/ajpcr.2019.v12i1.28418>

**INTRODUCTION**

The genus *Chenopodium* belongs to family Chenopodiaceae and includes about 150 species which are annual herbs or bushy plants growing in semiarid to arid regions and have resistance to adverse climate [1]. The chemical investigations have been carried out on the essential oils of *Chenopodium* species [2] and are reportedly found to contain number of compounds such as ecysteroids [3], flavonoids [4], sesquiterpenes [5], and saponins [6]. In India, the genus is reportedly represented by 21 species, and some are cultivated for vegetables and grains [7]. *Chenopodium* species have significance due to their broad area of medicinal applications in traditional medicine as anthelmintic, antispasmodic, emmenagogue, stomachic, for pain in amenorrhea, diaphoretic, abortifacient and for catarrh, asthma, and migraine [8,9]. *Chenopodium album* is reported to possess antileishmanial activity against *Leishmania donovani* in inbred BALB/c mouse [10].

*Chenopodium ambrosioides* (Ca) is an aromatic herb widely distributed throughout India and is found growing in Kashmir, Central Punjab, West Bengal, Bihar, Maharashtra, the Deccan, and eastern Ghats [11] in moist undisturbed waste places as a weed [12]. The extract and essential oil of this plant species are used as anthelmintic due to the presence of ascaridole [13]. The essential oil of Ca is known to possess allelopathic activity [14], and its aqueous extract is considered a blood purifier, stimulant, and cures hypothermia [15].

*Chenopodium botrys* (Cb) is a strongly aromatic medicinal plant growing in dry sandy areas in the temperate Himalayas from Kashmir

to Sikkim [16]. Cb finds use in multiple therapeutic applications such as expectorant, anticonvulsant, antibacterial, and tonic [17]. In Kashmir Himalayas, an ethnomedicinal survey indicates that the seed decoction of the plant is used relieves a headache due to gallbladder troubles, for treating tapeworm infestation in children [18], anthelmintic, diuretic, liver diseases, and laxative [19]. In Tibetan medicine, Cb is used to treat stomach and liver problems [20].

As part of the research program on the phytochemical screening of the medicinal plants from Kashmir, investigations were carried out on the essential oil isolated from the two *Chenopodium* species, for example, Ca and Cb by gas chromatography-mass spectrometry (GC-MS) analysis and evaluated the antifungal and anti-proliferative activity as no previous studies on the oils of these two plant species growing in Kashmir has been reported. The study will help in finding the phytochemicals from the two plant species growing in temperate Himalayan region and to evaluate their antifungal and anticancer efficacies.

**METHODS****Plant material**

The fresh aerial parts of Ca and Cb were collected locally in the month of August 2017. The plants were identified by taxonomist at Centre for Biodiversity and Taxonomy, University of Kashmir and Voucher specimens of Ca (KASH-2628) and Cb (KASH-2629) have been deposited in Kashmir University herbarium. The light yellow colored essential oils were isolated by carrying out the hydrodistillation of

the fresh aerial parts of the two plant species for 3 h using Clevenger apparatus [21]. The isolated essential oils were dried by placing over anhydrous sodium sulfate.

#### GC-MS analysis

GC-MS analysis of the *Chenopodium* essential oils was carried out using GC-MS Shimadzu QP-2010 system with an Rtx-5 column (30 m×0.25 mm id×0.25 µm film thickness). The injector temperature was 260°C. Oven temperature program was held at 50°C for 2 min, heating at 3°C and keeping the temperature constant at 210°C for 10 min and from 210°C to 250°C at 6°C/min with a hold time of 31 min. Carrier gas used was helium. Pressure 69 kPa, total flow 137.3 mL/min, column flow 1.21 mL/min, linear velocity 39.9 cm/s, purge flow 3.0 mL/min, split ratio: 110.0; ion source temperature 230°C; and interface temperature 270°C. Injection volume was 0.3 µL. The MS scan parameters include EI ionization voltage of 70 eV and spectra were recorded in the mass range of 40–650 µ.

The identification of the compounds in the essential oils was based on mass spectral comparisons with those of NIST 11 (National Institute of Standards and Technology, US and WILEY 8) library [22,23].

#### Cell culture and *in vitro* antiproliferative assay

Human cancer cell lines (MCF-7 and A549) were purchased from National Centre for Cell Science (Pune, India). The cells were grown in Dulbecco's modified eagle's medium, supplemented with 10% fetal bovine serum, and 1% penicillin-streptomycin at 37°C in a humidified incubator containing 5% CO<sub>2</sub>. (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide, a tetrazole) (MTT) assay was performed to determine the anticancer activity of the oils [24].

For this purpose, MCF-7 and A549 cells were seeded at 10<sup>4</sup> cells/well and allowed to grow overnight. Next day, the media were replaced with 200 µL of the fresh medium before treatment with oils. Both the oils were prepared in dimethyl sulfoxide (DMSO) and cells were treated with different concentrations (15.6, 31.25, 62.5, 125, 250, and 500 µg/ml) of the oil. After 12 h treatment, cell growth was evaluated by MTT assay. MTT solution of 50 µL (5 mg/ml of PBS) was added to each well, and the plates were incubated for 3 h at 37°C in the dark. The media were aspirated, and 150 µL of MTT solvent (DMSO) was added to each well to solubilize the formazan crystals. The absorbances of plates were measured on enzyme-linked immunosorbent assay reader (Benchmark, BioRad) at a wavelength of 570 nm. The sample was performed in triplicate, and the experiment was repeated thrice.

#### Evaluation of antifungal activity

The antifungal activities of chenopodium essential oils (in terms of their minimum inhibitory concentration [MIC]) against different human pathogenic fungal strains were evaluated by broth microdilution assay using 96-well microtiter plates.

Broth microdilution assay was done according to the protocol of the Clinical and Laboratory Standards Institute [25]. The essential oils were serially diluted two-fold in the successive wells of the 96-well plates starting from well 1 to 10. 100 µL of the fungal cell suspension (0.1 × 10<sup>5</sup> O.D.) was inoculated in each well of the 96-well plate except the 12<sup>th</sup> column, wherein 200 µL of media was poured, which serves as media control. The 11<sup>th</sup> column containing only 100 µL media and 100 µL of cell suspension served as a drug-free control. The plates were incubated at 30°C for 48 h. The cell growth was assessed either using microtiter plate reader or by naked eye visualization.

#### RESULTS

The essential oils with light yellow color obtained by hydrodistillation of the aerial parts of Ca and Cb growing in Kashmir were obtained in the yield of 0.35% w/v and 0.23% w/v, respectively, of the fresh weight basis.

The GC-MS analysis of Ca from Kashmir Himalayan region, results in the identification of 34 compounds (Table 1) accounting to the

total percentage of 95.78% of the total oil composition with highest percentage of monoterpene hydrocarbons (52.54%) followed by oxygenated monoterpenes (38.95%), esters (1.37%), oxygenated sesquiterpenes (0.41%), and miscellaneous compounds (2.51%). The major compounds of the essential oil of Ca are α-terpinene (37.17%), isoscaridole (20.48%), ascaridole (14.83%), and p-cymene (11.76%).

The essential of Cb consists of 65 identified compounds (Table 2), comprising (94.32%) of the total oil with the dominance of oxygenated sesquiterpenes (49.82%), followed by sesquiterpenes (25.74%), monoterpene hydrocarbons (11.56%), esters (3.71%), and others (3.49%). The major compounds from this species are shyobunol (18.91%), hedycaryol (9.51%), germacrene-D-4-ol (8.57%), δ-cardinene (4.90%), cardin-4-en-10-ol (4.42%), geranyl acetate (3.56%), limonene (3.47%), and 1-methyl-5-methylene-1,6-cyclohexadiene (2.85%).

Anticancer activity of the essential oils was determined using MTT assay. Results of the antiproliferative activity showed maximum growth inhibitions at 125 µg/ml against A549 cell line (Fig. 1) while as the oils inhibited the growth of MCF-7 cell line at a lower concentration of 31.25 µg/ml.

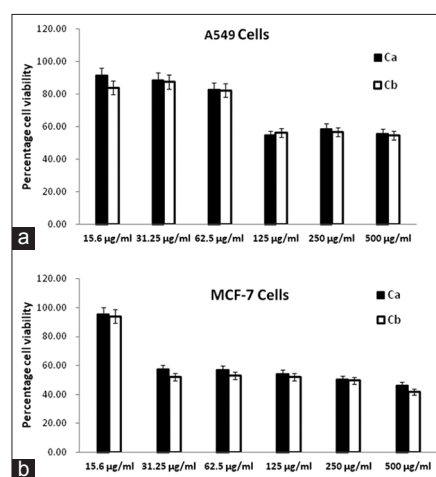
The essential oils of Ca and Cb inhibited the growth of seven tested *Candida* species, *Candida albicans*, *Candida glabrata*, *Candida parapsilosis*, *Candida kefyr*, *Candida tropicalis*, *Candida dubliniensis*, and *Candida krusei*. The MIC<sub>80</sub> ranges from 0.031 to 0.252 mg/ml for Ca essential oil and 0.126 to 0.252 mg/ml for Cb essential oil.

The MIC<sub>80</sub> of *Chenopodium* essential oils against the tested fungal strains are shown in Table 3.

#### DISCUSSION

GC-MS analysis of the essential oils of the two species reveals a total of 92 identified compounds from both the species with only seven compounds being common to the two species. The results indicate that there are greater qualitative and quantitative differences between the oils of the two species and also between the oils of the same species which are previously investigated. These differences can be due to the difference of chemotypes and variability of the subspecies and difference in climatic and the geographical areas of the plant growth.

Seven different chemotypes: Ascaridole, α-terpinene, α-pinene, p-cymene, carvacrol, limonene, and α-terpinyl acetate are reported to occur in Ca [26]. The results of the present investigation of the oil



**Fig. 1: Anticancer activity of the oils of *Chenopodium ambrosioides* and *Chenopodium botrys*. (a) (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide, a tetrazole) (MTT) assay results of the two essential oils against the A549 cell line. (b) MTT assay results of the two essential oils against the MCF-7 cell line**

Table 1: Chemical constituents of the essential oil of *Chenopodium ambrosioides*

S. No.	Name	Molecular formulae	Molecular mass	RT	Area (%)
1	Myrcene	C <sub>10</sub> H <sub>16</sub>	136	9.901	0.22
2	α-Terpinene	C <sub>10</sub> H <sub>16</sub>	136	11.396	37.17
3	p-Cymene	C <sub>10</sub> H <sub>14</sub>	134	11.655	11.76
4	Limonene	C <sub>10</sub> H <sub>16</sub>	136	11.730	1.11
5	γ-Terpinene	C <sub>10</sub> H <sub>16</sub>	136	12.868	1.39
6	Terpinolene	C <sub>10</sub> H <sub>16</sub>	136	14.049	0.15
7	Thujol	C <sub>10</sub> H <sub>16</sub> O	152	15.082	0.22
8	Cyclooctanone	C <sub>10</sub> H <sub>14</sub> O	126	16.663	0.37
9	2,6-dimethyl-2,4-Heptadiene	C <sub>9</sub> H <sub>16</sub>	124	16.855	1.30
10	1,2,3,1',2',3'-Hexamethyl-bicyclopentyl-2,2'-diene	C <sub>16</sub> H <sub>26</sub>	218	17.052	0.15
11	Phellandral	C <sub>10</sub> H <sub>16</sub> O	152	17.197	0.55
12	p-Cymen-8-ol	C <sub>10</sub> H <sub>14</sub> O	150	18.970	0.25
13	4-Acetyl-2-Carene,	C <sub>12</sub> H <sub>18</sub> O	178	20.174	0.11
14	2,5,5-Trimethyl-3-hexyn-2-ol	C <sub>9</sub> H <sub>16</sub> O	140	20.679	0.28
15	Ascaridole	C <sub>10</sub> H <sub>16</sub> O <sub>2</sub>	168	21.423	14.83
16	cis-Piperitone oxide	C <sub>10</sub> H <sub>16</sub> O <sub>2</sub>	168	21.837	1.16
17	1,1,4,4-tetramethylcyclohexane	C <sub>10</sub> H <sub>20</sub>	140	22.564	0.50
18	trans-Ascaridol glycol	C <sub>10</sub> H <sub>18</sub> O <sub>2</sub>	170	23.165	0.58
19	γ-Terpineol	C <sub>10</sub> H <sub>18</sub> O	154	23.721	0.08
20	Isoascaridole	C <sub>10</sub> H <sub>16</sub> O <sub>2</sub>	168	24.474	20.48
21	(3Z)-Hexenyltiglate	C <sub>9</sub> H <sub>16</sub> O <sub>2</sub>	156	24.923	0.11
22	Fragranyl acetate	C <sub>12</sub> H <sub>22</sub> O <sub>2</sub>	198	25.711	0.26
23	α-Limonene diepoxide	C <sub>10</sub> H <sub>16</sub> O <sub>2</sub>	168	26.311	0.43
24	Allyl hexanoate	C <sub>9</sub> H <sub>16</sub> O <sub>2</sub>	156	26.880	0.18
25	Hexyltiglate	C <sub>11</sub> H <sub>20</sub> O <sub>2</sub>	184	29.435	0.28
26	Germacrene D	C <sub>15</sub> H <sub>24</sub>	204	31.430	0.15
27	2,2,3,4-tetramethyl-3-cyclopenten-1-one	C <sub>9</sub> H <sub>14</sub> O	134	31.947	0.21
28	Octyltiglate	C <sub>13</sub> H <sub>24</sub> O <sub>2</sub>	212	33.455	0.34
29	Geranyl tiglate	C <sub>15</sub> H <sub>24</sub> O <sub>2</sub>	236	38.697	0.20
30	1,3-dimethyl-3-vinylcyclohexene-1	C <sub>10</sub> H <sub>16</sub>	136	38.930	0.24
31	Shyobunol	C <sub>15</sub> H <sub>26</sub> O	222	39.660	0.32
32	1-pentadecanol	C <sub>15</sub> H <sub>30</sub> O	228	42.872	0.09
33	n-Hexadecanol	C <sub>16</sub> H <sub>34</sub> O	242	46.331	0.09
34	Phytol	C <sub>20</sub> H <sub>40</sub> O	296	53.489	0.22
	Total identified %				95.78
	Grouped constituents				
	Monoterpene hydrocarbons				52.54
	Oxygenated monoterpenes				38.95
	Esters				1.370
	Oxygenated sesquiterpenes				41.0
	Others				2.51

Compounds are listed in order of elution from the Rtx-5 column. RT: Retention time

composition on Ca are different from the previous reports, and the present oil has been found to belong to α-terpenene chemotype. The Ca essential oil analyzed from different parts of India is also reported to belong to α-terpenene chemotype, with oil from Chandigarh (India) containing the major constituents as α-terpenene (47.37%), p-cymene (25.77%), cis -ascaridole (14.75%) [27], the oil from Uttarakhand containing α-terpenene (44.68%), p-cymene (21.28%), ascaridole (17.89 %) [28], and the major constituents of oil from Southern Hills of India were found to be α-terpenene (63.6%), p-cymene (19.5%), and ascaridole (6.2%) [29]. Further, the Ca essential oil from Nigeria is also reported to be α-terpenene chemotype with major constituents as α-terpenes (63.6%), p-cymene(26.4%), and ascaridole (3.9%) [26]. However, the oil from for Iran has been found to be rich in α-terpenes (15.90%), camphor (12.40%), and trans-ascaridole (6.38%) [30], and the Mexican chemotype contains limonene (31.50%), and trans-pinocarveol (26.70%) as the major constituents [31]. The Ca oil from Brazil is found richer in Z-ascaridol (61.4 %) and E-ascaridol (18.6%) [32] and the oil from China has also been found to contain Z-ascaridole (27.27%), p-cymene (19.05%), and isoascaridole (14.15%) [33]. The chemotype of Ca from Togo (Bangladesh) is also reported to be ascaridole type with ascaridole content of 51.12% [34].

The present results of the oil composition of Cb show much greater differences than the previously analyzed samples from different parts of

the world. The Cb from Greece has been found to possess elemol acetate (16.3%), elemol (14.1%), and botrydiol (11.1%) [35]. The Cb from Iran reportedly contains α-eudesmol (15.5%), epi-α-muurool (11.3%), and cubenol (10.5%) [36]. Another research studies from Iran revealed the presence of γ-terpineol (52.8 %), p-cymene (19.0%), and isoascaridole (7.0 %) as the main components of the oil [30] and further one more investigation from two different localities of Iran is reportedly known to possess; juniper camphor (16.5% and 25.7%), elemol (14.3% and 13.4%), and α-cadinol (8.2% and 11.6%) [37]. Mahboubi *et al.* [38] have identified 2,3-dehydro-4-oxo-β-ionone (22.4 %), 7-epi-amiteol (11.5%), and elemol (7.4%) as the key compounds of Cb from Iran.

Our results show that the *Chenopodium* essential oils have a potent anticancer activity on A549 and MCF-7 human cancer cell lines. The oil treatment showed a concentration-dependent antiproliferative activity of the human cell lines studied. The Ca and Cb essential oils evaluation for antiproliferative activity using MTT assay revealed that both these essential oils have comparable anticancer activities and inhibit the growth of A549 cancerous cell line around 40% at 125 µg/ml concentration while the growth of MCF-7 cancerous cell line was inhibited around 45% at a concentration of 31.25 µg/ml. Previous studies on the anticancer activity of Ca have been reported for human breast cancer cells MCF-7, and the activity is observed to be dose- and time-dependent with a MIC<sub>50</sub> value of 9.45 µg/ml observed after 24 h

Table 2: Chemical composition of the essential oil of *Chenopodium botrys*

S. No	Compound name	Molecular formulae	Molecular mass	RT	Area %
1	5,5-Dimethyl-1-vinylbicyclo[2.1.1]hexane	C <sub>10</sub> H <sub>16</sub>	136	7.193	0.06
2	α-Pinene	C <sub>10</sub> H <sub>16</sub>	136	7.671	1.28
3	Sabinene	C <sub>10</sub> H <sub>16</sub>	136	9.178	1.78
4	β-Pinene	C <sub>10</sub> H <sub>16</sub>	136	9.345	1.13
5	Myrcene	C <sub>10</sub> H <sub>16</sub>	136	9.901	2.79
6	3,7,7-trimethylbicyclo[4.1.0]hept-2-ene,	C <sub>10</sub> H <sub>16</sub>	136	10.238	0.20
7	β-Phellandrene	C <sub>10</sub> H <sub>16</sub>	136	10.533	0.28
8	3,7,7-trimethylbicyclo[4.1.0]hept-3-ene,	C <sub>10</sub> H <sub>16</sub>	136	10.631	0.17
9	α-Terpinene	C <sub>10</sub> H <sub>16</sub>	136	10.992	0.27
10	Limonene	C <sub>10</sub> H <sub>16</sub>	136	11.560	3.47
11	γ-Terpinene	C <sub>10</sub> H <sub>16</sub>	136	12.810	0.07
12	4-thujanol	C <sub>10</sub> H <sub>16</sub> O	154	13.391	0.11
13	δ-2-Carene	C <sub>10</sub> H <sub>16</sub>	136	14.025	0.06
14	Linalool	C <sub>10</sub> H <sub>18</sub> O	154	14.797	0.34
15	Nonanal	C <sub>9</sub> H <sub>18</sub> O	142	14.973	0.59
16	Terpenin-4-ol	C <sub>10</sub> H <sub>18</sub> O	154	18.420	0.10
17	α-Terpineol	C <sub>10</sub> H <sub>18</sub> O	154	19.141	0.23
18	Bicyclogermacrene	C <sub>15</sub> H <sub>24</sub>	204	25.167	0.15
19	δ-Elementene	C <sub>15</sub> H <sub>24</sub>	204	25.323	0.46
20	α-Cubebene	C <sub>15</sub> H <sub>24</sub>	204	25.833	0.16
21	α-Copaene	C <sub>15</sub> H <sub>24</sub>	204	27.057	1.18
22	Geranyl acetate	C <sub>12</sub> H <sub>20</sub> O <sub>2</sub>	196	27.355	3.56
23	β-Elementene	C <sub>15</sub> H <sub>24</sub>	204	27.736	2.76
24	Isocaryophyllene	C <sub>15</sub> H <sub>24</sub>	204	28.274	0.41
25	(E)-Caryophyllene	C <sub>15</sub> H <sub>24</sub>	204	28.920	2.56
26	Germacrene D	C <sub>15</sub> H <sub>24</sub>	204	29.323	0.33
27	Cadina-3,5-diene	C <sub>15</sub> H <sub>24</sub>	204	30.113	0.18
28	α-Humulene	C <sub>15</sub> H <sub>24</sub>	204	30.369	1.01
29	Cis-Muurola-4 (14),5-diene	C <sub>15</sub> H <sub>24</sub>	204	30.658	0.47
30	Cadina-1 (6),4-diene	C <sub>15</sub> H <sub>24</sub>	204	31.091	0.26
31	γ-Murolene	C <sub>15</sub> H <sub>24</sub>	204	31.254	1.10
32	1-Methyl-5-methylene-1,6-cyclodecadiene	C <sub>15</sub> H <sub>24</sub>	204	31.488	2.85
33	Dehydroaromadendrane	C <sub>15</sub> H <sub>24</sub>	204	31.768	1.16
34	α-Zingiberene	C <sub>15</sub> H <sub>24</sub>	204	32.128	0.72
35	α-Murolene	C <sub>15</sub> H <sub>24</sub>	204	32.242	0.68
36	(E, E), α-Farnesene	C <sub>15</sub> H <sub>24</sub>	204	32.592	0.18
37	γ-Cadinene	C <sub>15</sub> H <sub>24</sub>	204	32.834	2.29
38	δ-Cadinene	C <sub>15</sub> H <sub>24</sub>	204	33.139	4.90
39	6-epi-shyobunol	C <sub>15</sub> H <sub>26</sub> O	222	33.357	2.50
40	Cubebol	C <sub>15</sub> H <sub>26</sub> O	222	33.531	1.33
41	α-Cadinene	C <sub>15</sub> H <sub>24</sub>	204	33.741	0.86
42	Hedycaryol	C <sub>15</sub> H <sub>26</sub> O	222	34.471	9.51
43	Z- Nerolidol	C <sub>15</sub> H <sub>26</sub> O	222	34.883	0.46
44	Germacrene D-4-ol	C <sub>15</sub> H <sub>26</sub> O	222	35.499	8.57
45	β-Eudesmol	C <sub>15</sub> H <sub>26</sub> O	222	35.805	0.53
46	β-Oplophenone	C <sub>15</sub> H <sub>24</sub> O	220	36.323	0.36
47	Cis-Guaia-3,9-dien-11-ol	C <sub>15</sub> H <sub>24</sub> O	220	37.095	0.33
48	Epicubenol	C <sub>15</sub> H <sub>26</sub> O	222	37.235	0.45
49	γ-Eudesmol.	C <sub>15</sub> H <sub>26</sub> O	222	37.437	0.47
50	Epi-bicyclosesquiphellandrene	C <sub>15</sub> H <sub>24</sub>	204	37.858	0.68
51	α-Cadinol	C <sub>15</sub> H <sub>26</sub> O	222	37.948	0.27
52	Cadin-4-en-10-ol	C <sub>15</sub> H <sub>26</sub> O	222	38.423	4.42
53	Shyobunol	C <sub>15</sub> H <sub>26</sub> O	222	40.115	18.91
54	Ledane	C <sub>15</sub> H <sub>26</sub>	206	40.990	0.20
55	cis-Lanceol	C <sub>15</sub> H <sub>24</sub> O	220	41.895	0.25
56	14-Hydroxy-δ-cadinene	C <sub>15</sub> H <sub>24</sub> O	220	43.365	0.22
57	Cedroxyde	C <sub>15</sub> H <sub>24</sub> O	220	43.828	0.74
58	n-Hexadecanol	C <sub>16</sub> H <sub>34</sub> O	242	46.323	0.39
59	(E)-β-Farnesene	C <sub>15</sub> H <sub>24</sub>	204	47.684	0.19
60	18-Oxokauran-17-yl acetate	C <sub>22</sub> H <sub>34</sub> O <sub>3</sub>	346	48.428	0.15
61	Cedrol	C <sub>15</sub> H <sub>26</sub> O	222	51.735	0.50
62	Abietadiene	C <sub>20</sub> H <sub>32</sub>	272	52.565	0.09
63	n-Nonadecanol-1	C <sub>19</sub> H <sub>40</sub> O	284	52.789	1.21
64	Phytol	C <sub>20</sub> H <sub>40</sub> O	296	53.489	0.26
65	3-Bromocholest-5-ene	C <sub>27</sub> H <sub>45</sub> Br	448	59.150	0.17
	Total identified %				94.32
	Grouped constituents				

(Contd...)

Table 2: (Continued)

S. No	Compound name	Molecular formulae	Molecular mass	RT	Area %
	Oxygenated sesquiterpenes				49.82
	Sesquiterpene hydrocarbons				25.74
	Monoterpene hydrocarbons				11.56
	Oxygenated monoterpenes				0.78
	Diterpenes				0.35
	Esters				3.71
	Others				2.36

Compounds are listed in order of elution from the Rtx-5 column. RT: Retention time

**Table 3: MIC<sub>80</sub>\* of *Chenopodium ambrosioides* and *Chenopodium botrys* essential oils, against different types of human pathogenic fungi**

Strains	<i>Chenopodium ambrosioides</i> MIC <sub>80</sub> (mg/ml)	<i>Chenopodium botrys</i> MIC <sub>80</sub> (mg/ml)
<i>Candida albicans</i>	0.252	0.126
<i>Candida glabrata</i>	0.126	0.126
<i>Candida parapsilosis</i>	0.126	0.031
<i>Candida kefyr</i>	0.063	0.126
<i>Candida tropicalis</i>	0.063	0.063
<i>Candida dubliniensis</i>	0.063	0.063
<i>Candida krusei</i>	0.031	0.031

\*MIC<sub>80</sub> was determined following the standard Clinical Laboratory Standards Institute protocol and was performed in triplicates. MIC: Minimum inhibitory concentration

using MTT assay [39]. There are no previous reports regarding the anticancer activity of Cb essential oils. The work demonstrates that Ca and Cb exert antiproliferative activity against A549 and MCF-7 cell lines, but the constituents responsible for the activity and their mechanism of antiproliferative activity needs to be evaluated.

Ca and Cb possess good antifungal activity against the tested fungal strains and the antifungal activities of the essential oils, of the two species, are comparable. MIC<sub>80</sub> results depict that Ca is more active against *C. krusei* while Cb shows potent anticandidal activity against *C. krusei* and *C. parapsilosis* strains. It is not possible to compare the anticandidal activity of the two *Chenopodium* essential oils as no previous investigations have been carried out on the anticandidal activity of Ca and Cb essential oils. However, the antifungal activity of Ca against different *Aspergillus* species has been reported, and it has been proposed that ascaridole is the principal fungitoxic compound [32]. The present data along with the absence of ascaridole in Cb having comparable anticandidal activity with Ca suggest that the anticandidal activity may also involve other major and minor oxygenated sesquiterpene compounds that have a synergistic effect.

## CONCLUSION

The chemoprofiling of the two species of the genus *Chenopodium* by GC-MS reveals that  $\alpha$ -terpenene and shyobunol are the principal compounds of Ca and Cb, respectively, while Ca is dominated by monoterpene hydrocarbons followed by oxygenated monoterpenes, Cb is dominated by oxygenated sesquiterpenes followed by sesquiterpenes hydrocarbons. Both the oils show a moderate antiproliferative activity against the human cancer cell lines of varied origin. Moreover, oil extracts from both the species show potent antifungal activity against the tested human fungal pathogens.

## ACKNOWLEDGMENTS

The author (SAS) thanks UGC for grant of teacher's fellowship under Faculty Development Program to carry out the research. Thanks are

also due to the Director Centre of Research for Development, University of Kashmir, for providing the laboratory facility. The Principal ICSC and the Head Department of Chemistry, University of Kashmir, are also acknowledged for constant support and encouragement. AHS acknowledges funding to his laboratory from DST in the form of INSPIRE Faculty Award (DST/INSPIRE/04/2015/001575). AAW acknowledges CSIR for providing fellowship under CSIR RA scheme (9/251 (0077) 2k17). HQ acknowledges Project Assistant fellowship from INSPIRE Faculty Award.

## AUTHORS' CONTRIBUTIONS

This work was carried out in collaboration between all authors. Authors Bashir Ahmad Ganai and Khaliq Zaman Khan designed the study. Shameem A. Shameem carried out the literature survey, the isolation and chemical characterization of the oils, wrote the protocol, and the first draft of the manuscript. Authors, Abdul Haseeb Shah, Hafsa Qadri, and Ajaz A. Waza, managed the antifungal and anticancer study and wrote the respective protocols. All authors read and approved the final manuscript.

## CONFLICTS OF INTEREST

The authors declare to have no conflict of interest.

## REFERENCES

- Kühn U. *Chenopodiaceae*. In: Kubitzki K, editors, The Families and Genera of Vascular Plants. II. Hamburg: Springer; 1993. p. 253-81.
- Teresa J, de P, González MS, Grande M, Bellido IS. Delta-5-hydroxy carvomenthols from the essential oil of *Chenopodium multifidum*. *Phytochemistry* 1983;22:2749-52.
- Toth I, Bathory M, Szendrei K, Minker E, Blazso G. Ecdysteroids in *Chenopodiaceae: Chenopodium album*. *Fitoterapia* 1981;52:77-80.
- Ibrahim LF, Kawashty SA, Baiuomy AR., Shabana MM, El-Eraky WI, El-Negoumy SI. A comparative study of the flavonoids and some biological activities of two *Chenopodium* species. *Chem Nat Compounds* 2007;43:24-8.
- Bedrossian AG, Beauchamp PS, Bernichi B, Dev V, Kitaw KZ, Rechtshaffen H, et al. Analysis of North American *Chenopodium botrys* essential oil isolation and structure of two new sesquiterpene alcohols. *J Essent Oil Res* 2001;13:393-400.
- Ma WW, Heinstejn PF, McLaughlin JL. Additional toxic, bitter saponins from the seeds of *Chenopodium quinoa*. *J Nat Prod* 1989;52:1132-5.
- Yadav N, Vasudeva N, Singh, HS, Sharma SK. Medicinal properties of genus *Chenopodium* Linn. *Nat Prod Radian* 2007;6:131-4.
- Watt JM, Breyer-Brandwijk MG. The Medicinal and Poisonous Plants of Southern and Eastern Africa. 2<sup>nd</sup> ed. London UK: E and S Livingstone Ltd; 1962.
- Vasishita PC. Taxonomy of Angiosperms. India: Ram Chand; 1989.
- Kaur R, Kaur J, Kaur S, Joshi J. Evaluation of the antileishmanial efficacy of medicinal plant *Chenopodium album* Linn. Against experimental visceral leishmaniasis. *Int J Pharm Pharm Sci* 2016;8:227-31.
- Chopra BN, Badhwar RL, Ghosh S. Poisonous Plants of India. New Delhi: ICAR; 1965.
- Maheshwari JK. A Contribution to the flora of Kanha National Park, Madhya Pradesh. *Bull Bot Surv of India* 1963;5:117-40.
- Potawale SE, Luniya KP, Mantri RA, Mehta UK, Waseem MD, Sadiq MD, et al. *Chenopodium ambrosioides*: An ethnopharmacological review. *Pharmacologyonline* 2008;2:272-86.

14. Jimenez-Osornio FM, Kumamoto J, Wasser C. Allelopathic activity of *Chenopodium ambrosioides* L. *Biochem Syst Ecol* 1996;24:195-205.
15. Kaur M, Singhal VK, Singh J. Use Of some ethnomedicinal herbs by the natives Of Solang Valley, Kullu District, Himachal Pradesh. *Int J Pharm Pharm Sci* 2017;9:222-7.
16. Nadkarnin KM. *Indian Materia Medica: With Ayurvedic, Unani-Tibbi, Siddha, Allopathic, Nomoepathic, Naturopathic and Home Remedies, Appendices and Indexes*. 1. 3<sup>rd</sup> ed. New delhi: Popular Prakashan; 1996.
17. Zargari A. *Medicinal Plants*. 6<sup>th</sup> ed. Vol. 1. Tehran University Publications. Tehran: Tehran university Publications; 1993.
18. Singh V. Herbal remedies for worm infestation in Kashmir Himalaya. *Fitotherapia* 1994;65:354-6.
19. Koul MK. *Medicinal plants of Kashmir and Ladakh*. New Delhi: Indus Publishing Company; 1997.
20. Singh V, Kapahi BK, Srivastava TN. Medicinal herbs of Ladakh especially in home remedies. *Fitotherapia* 1996;67:38-48.
21. Clevenger JF. Apparatus for the determination of volatile oil. *J Am Pharm Assoc* 1928;17:345-9.
22. Mosmann T. Rapid colorimetric assay for cellular growth and survival: Application to proliferation and cytotoxicity assays. *J Immunol Methods* 1983;65:55-63.
23. Massada Y. *Analysis of Essential Oils by Gas Chromatography and Mass Spectrometry*. New York: Wiley; 1976.
24. Mass Spectral Library. NIST/EPA/NIH: USA; 2002. Available from: <http://www.nist.gov/srd/nistla.htm>.
25. Clinical and Laboratory Standards Institute (CLSI). *Reference Method for Broth Dilution Antifungal Susceptibility Testing of Yeasts*. 3<sup>rd</sup> ed. Approved standard. CLSI M27-A3(28). Wayne (Pennsylvania): Clinical and Laboratory Standards Institute; 2008.
26. Owolabi MS, Lajide L, Oladimeji MO, Setzer WN, Palazzo MC, Olowu RA, et al. Volatile constituents and antibacterial screening of the essential oil of *Chenopodium ambrosioides* L. Growing in Nigeria. *Nat Prod Commun* 2009;4:989-92.
27. Singh HP, Batish DR, Kohli RK, Mittal S, Yadav S. Chemical composition of essential oil from leaves of *Chenopodium ambrosioides* from Chandigarh, India. *Chem of Nat Comp* 2008;44:378-9.
28. Lohani H, Chauhan NK, Kumar K, Haider SZ, Andola HC. Comparative aroma profile of wild and cultivated *Chenopodium ambrosioides* L from Uttarakhand. *J Essent Oil Bear Plants* 2012;15:657-61.
29. Gupta D, Charles R, Mehta VK, Garg SN, Kumar S. Chemical examination of the essential oil of *Chenopodium ambrosioides* L. From the Southern Hills of India. *J Essent Oil Res* 2002;14:93-4.
30. Omidbaigi R, Sefidkon F, Nasrabadi FB. Essential oil content and compositions of *Chenopodium ambrosioides* L. *J Essent Oil Bear Plants* 2005;8:154-8.
31. Foroughi A, Pournaghi P, Najafi F, Zangeneh MM, Zangeneh A, Moradi R. Chemical composition and antibacterial properties of *Chenopodium botrys* L. Essential oil. *Int J Pharm Phytochem Res* 2016;8:1881-5.
32. Jardim CM, Jham GN, Dhingra OD, Freire MM. Composition and antifungal activity of the essential oil of the Brazilian *Chenopodium ambrosioides* L. *J Chem Ecol* 2008;34:1213-8.
33. Bai CQ, Liu ZL, Liu QZ. Nematicidal constituents from the essential oil of *Chenopodium ambrosioides* aerial parts. *E J Chem* 2011;8:S143-8.
34. Kobaa K, Catherine G, Raynaud C, Chaumont JP, Sanda K, Laurence N. Chemical composition and cytotoxic activity of *Chenopodium ambrosioides* L. Essential oil from Togo. Bangladesh. *J Sci Ind Res* 2009;44:435-40.
35. Tzakou O, Pizzimenti A, Pizzimenti FC, Sdrafkakis V, Galati EM. Composition and antimicrobial activity of *Chenopodium botrys* L. Essential oil from Greece. *J Essent oil Res* 2006;19:292-4.
36. Morteza-Semnani K, Babanezhad E. Essential oil composition of *Chenopodium botrys* L. from Iran. *J Essent Oil Bear Plants* 2007;10:314--7.
37. Feizbakh SH, Sedaghat S, Tehrani MS, Rustaiyan A. Chemical composition of essential oils of *Chenopodium botrys* L. From two different locations in Iran. *J Essent Oil Res* 2003;15:193-4.
38. Mahboubi M, Bidgoli FG, Farzin N. Chemical composition and antimicrobial activity of *Chenopodium botrys* L. Essential oil. *J Essent Oil Bear Plants* 2011;14:498-503.
39. Jia-Liang W, Dan-Wei M, Ya-Nan W, Hong Z, Bing H, Qun L, et al. Cytotoxicity of essential oil of *Chenopodium ambrosioides* L against human breast cancer MCF-7 cells. *Trop J Pharm Res* 2013;12:929-33.